



# BRACKLA HARRIERS

Social running at its best!

# Pudding Race 09



## Entry Form

13 December 2009 - Race starts 10.45am

First Name:

Surname:

Male  Female  Date of Birth / / Age on Race Day

Address:

Postcode:

Tel:

Email Address:

Affiliated Club:

Welsh Athletics Reg Number:

*I hereby declare that I am an amateur under BAF rules and accept that I compete entirely at my own risk, and that the organisers accept no responsibility for any loss, damage or injury, however caused.*

Signed:

Date:

Affiliated £10 Non Affiliated £12 (*£1 from each entry will be donated to charity*)

Cheques payable to: **Brackla Harriers**

Closing date for postal entries: **Friday 4th December or when entry limit of 600 runners is reached**

Return to: **The Pudding Inspector, Paul Speyer, 14 Coychurch Road, Bridgend CF31 3AP, including an A5 stamped addressed envelope**

*Please note there is a £2 per car parking fee (collected by the Merthyr Mawr Estate) of which 50p is donated to the Macmillan Cancer Charity. Please car share.*

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**Become and Run**  
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**hrt**  
herbert thomas